



The Enneagram for Leaders Course Content

Introduction

Leadership in workplaces or any domain is crucial to setting the tone for everyone under the leader's authority and care.

It is therefore vital for good leadership that leaders know and understand themselves and how their interactions affect others.

The *Enneagram for Leaders* will tell you what you need to know. It will guide you through the important *personality* structures that affect everything you do - behaviour, communication, styles of leadership and more.

The program is delivered in six modules, with presentations, discussions, workbooks and development activities.

Openness, participation and cooperation from participants will ensure that they get the best and life-long value from their program. The benefits gained, both personal and workplace, are inestimable.

Module 1: Enneagram Foundations

Introduces personality, the Enneagram model, the 3 Intelligence Centres and the nine Enneagram personality types.

Module 2: Behaviour Patterns

Explains connections between types and behaviour patterns of each type, and how and why these occur.

Module 3: The Three Instincts

Describes the 3 Instincts that all types have, producing 3 different versions of each type, how they operate in average and unhealthy ways, and how they affect ways of communicating and working.

Module 4: Levels of Development

Describes the levels of development for each type, as well as warning signs, red flags and triggers that derail us. Shows the worst and the best of each type, how to avoid unhealthy behaviour, and raise our bandwidth of normal behaviour.

Module 5: Nine Types at Work

Describes each type's characteristic workplace styles, including likes and dislikes, ways of communicating, learning and leading, blind spots, 'sore' spots and typical assumptions.

Module 6: Nine Styles of Leadership

Describes both positive and negative characteristics that each type brings to the leadership role, and how to overcome typical obstacles that each type faces.

Conclusion

The Enneagram for Leaders will give you unique insights that will enable you to raise your level of leadership to a higher level, benefitting you, your team, your colleagues - your whole workplace.