



The Enneagram at Work Course Content

Introduction

In *The Enneagram at Work*, you will learn about both positive and negative aspects of personality, how to avoid 'bad behaviour,' maintain equilibrium and lift workplace culture to a higher level.

The program is delivered in five modules, with presentations, discussions, workbooks and development activities.

Assessments, reports, individual and additional group sessions can be included in accordance with your needs and targets.

Openness, participation and cooperation from each participant will ensure that they get the best and life-long value from their program. The benefits gained, both personal and workplace, are inestimable.

Module 1: Enneagram Foundations

Introduces personality, the Enneagram model, the 3 Intelligence Centres and the nine Enneagram personality types.

Module 2: Behaviour Patterns

Explains connections between types and patterns of behaviour that each type displays, and how and why these occur.

Module 3: The Three Instincts

Describes the 3 Instincts that all types have, producing 3 different versions of each type, how they operate in average and unhealthy ways, and how they affect working styles.

Module 4: The Levels of Development

Describes the levels of development for each type, as well as warning signs, red flags triggers that can derail us. Shows the worst and the best of each type and how to raise our bandwidth of normal behaviour.

Module 5: Nine Types at Work

Describes each type's characteristic workplace styles, including likes and dislikes, ways of communicating, learning and leading, blind spots, 'sore' spots and typical assumptions.

Conclusion

The knowledge from the Enneagram gives information to create and maintain a more respectful, open-minded, accepting and emotionally healthier workplace.

Learn how to transform your workplace culture for the better. Improve staff morale, as well as workplace outcomes and success.