

Important Information about attending The Enneagram for Living Zoom Course

Delivering a course over Zoom presents unique challenges around attendance and confidentiality. Having had to deal with some of these challenges in the past, I have put together some 'conditions,' which I am hoping will ensure that both delivery and participation is safe and smooth. Before enrolling, please read through the following information, which we ask you to agree to during your participation:

The course will be delivered live to a group of people over Zoom. Participants may share information about themselves. You share as much or as little as you want.

We aim to provide a safe *holding environment*, to which all attendees contribute.

The following matters are therefore *important to note*:

- Each person uses their own device during the course. You need your camera on. We will break into pairs and small groups to discuss topics. To maintain confidentiality, people in the same household should be located so they do not hear other participants during break-outs (you wouldn't want someone listening-in to you).
- No-one else - friends, neighbours or other family members should be in the room or within earshot who are not enrolled, as this would be a breach of privacy. Discussions often involve personal matters. Also, I would ask you to please respect that developing the course represents many years of cost and training, and shouldn't be given away. By all means discuss it with family and friends, but please ask them to get in touch if they are interested knowing the course information and maybe attending a course themselves. Thank you for your understanding.
- In attending, you are committing to keeping private any information shared during the course, including in the break-out rooms. In group feedback, you are welcome to share information about yourself, but not what your discussion-partner has shared with you. That is up to them if they wish to.
- **Please** plan ahead so you don't miss sessions or arrive late. The presence of everyone is important, not just for themselves but for all participants. We need your input into the whole group and break-out discussions. I will be ready to admit everyone by the starting time, (earlier if my counselling sessions are finished), so please be ready to be admitted by the time on the link at the latest. The sessions are fairly tightly timed. We have a brief period at the beginning of each session for feedback and then a grounding meditation of 2-3 minutes.
- Please plan on having your phone switched off during the sessions. Have someone else available to answer any urgent phone calls and handle any urgent matters that could come up. It is only just over 2-hours and the sky is not going to fall in during that time. To get the best from the course requires you to give it your full attention. While the information is not complicated, it is complex, so you'll want to hear it all, and be able to ask questions about anything that comes up for you.
- Thank you for your understanding and agreeing to these conditions! You will find that it was well worth while!