

Important Information about attending The Enneagram for Living Zoom Course 2024

If enrolling in the Enneagram for Living Course 2024 , over Zoom, please read the following information, which we ask you to agree to during your participation:

The course will be delivered live to a group of people over Zoom. Participants may share information about themselves. You share as much or as little as you want.

We aim to provide a safe *holding environment*, to which all attendees contribute.

The following matters are therefore *essential*:

- Each person uses their own device during the course. We will break into pairs to discuss topics. To maintain confidentiality, people in the same household should be located so they do not hear other participants during break-outs (you wouldn't want someone listening-in to you).
- No-one else - friends, neighbours or other family members should be in the room or within earshot who are not enrolled, as this would be a breach of privacy.
- In attending the course, you are committing to keep private any information shared during the course. In group feedback, you are welcome to share information about yourself, but not what your discussion-partner has shared with you. That is up to them if they wish to.
- **Please** plan ahead so you don't miss sessions or arrive late. The presence of every person is important, not just for themselves but for all participants. The group's energy is affected if someone is absent. You will be able to click on the course link ahead of time so that everyone is present over Zoom by the starting time. If we start late, we will finish late. Sessions are time-structured so we need to start on time.
- Please plan on having your phone switched off during the sessions. Have someone else available to answer any urgent phone calls and handle any urgent matters that could come up. It is only 2-hours and the sky is not going to fall in during that time. To get the best from the course requires you to give it your full - not divided - attention. That way you won't miss any vital information, or opportunities to be supported or to support others.
- Thank you for your understanding and agreeing to these conditions! You will find that it was well worth while!