

## About the Enneagram at Work

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*'There is, inevitably, a cost to the bottom line from the low levels of emotional intelligence on the job. When it is rampant, companies can crash and burn' (Daniel Goleman, Emotional Intelligence).*

Is Your Organisation Searching for:

- ◆ Great leaders?
- ◆ Higher Productivity?



- ◆ Better staff retention?
- ◆ Emotionally and mentally healthy staff?

### A Healthy Workplace Culture

If your workplace culture is vibrant and healthy, *The Enneagram at Work* will compliment and enrich it. But if you have behaviour problems, such as aggression, apathy, bullying or indecision, or mental health issues such as anxiety and depression, this course will help turn things around.

Bad behaviours or mental health issues don't do your workplace any good. They increase stress, sick leave and staff turnover, and decrease morale, efficiency, productivity and profits.

When management and staff are in charge of their behaviour, workplace culture is healthier. Staff are happier and workplaces thrive. Efficiency, productivity and profits are higher.

*The Enneagram at Work* gives valuable information about work/ leadership styles, attitudes and behaviours. When staff identify their personality type, they have a whole lot of valuable information that is normally hidden. An individualised self-development path is then available.

### Course Aims

*To increase efficiency, productivity, profitability, harmony, morale and wellbeing by improving communication, collaboration and cooperation, and bringing out the best in each person.*

### Learning Objectives

*Participants will learn how to:*

- ◆ Identify personality strengths/ weaknesses
- ◆ Modify negative behaviour patterns
- ◆ Improve communication and cooperation
- ◆ Enrich workplace culture and efficiency

*Workplaces will benefit by:*

- ◆ Improved communication/ relationships
- ◆ Improved harmony and morale
- ◆ Improved conflict resolution
- ◆ Improved workplace culture and outcomes

### Format

4 Modules, delivered in face-to-face workshops. Modules 1 and 4 are 6-hours, Modules 2 and 3 are 5-hours. Participants receive workbooks at each workshop, containing all notes and take-home activities. Delivery is by PowerPoint presentations, commentary, pair and group discussions. To mark progress, we offer pre and post course assessments, reports and individual interviews. Target issues, assessment formats, times, dates and venue for delivery are organised with management.

### Participants

Numbers are arranged with you. Groups of 6-12 participants are ideal. Suitable for all workplace levels - leaders, managers, staff and teams. Your investment will reap short and long-term benefits!

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