# Curriculum Vitae 2019

Name: Pauline Mary Enright (Dr)

Business Name: Radiance Hobart Counselling & Self Development
Practice Address: 1/5 Montgomery Court, Sandy Bay TAS 7005
Business Address: P O Box 907, Sandy Bay TAS Australia 7006

Telephone number: 0409 191 342

Email Address: pauline@radiancehobart.com.au Website: www.radiancehobart.com.au

#### **Current Situation**

Self-employed since 2004. Major areas of work: Mental Health Counselling, Psychotherapy, Mindfulness, Counselling Supervision, Counselling trainee Assessment, Enneagram, Life Coaching, Philosophy. Counselling at private practice, workplaces on-site for critical incident, stress management and debriefing. Personal development training/ courses: Enneagram and Mindfulness to workplaces and private groups.

## **Work History**

## Counselling

2018	Appointed Counselling Assessor and Seminar Presenter for AIPC (Aust. Institute Prof Counselling).
	Assessing AIPC students studying for Diploma Professional Counselling and other courses.
2017	Accepted as EAP Counsellor for Acacia Connection and Access EAP.
2016	Accepted as EAP counsellor for OAS (Occupational Assistance Service).
2015	Accepted as EAP counsellor for Eudoxia Employment Assistant Services.
2015	Supervision of practicing and trainee counsellors.
2011	Counselling: individuals (adults, gay, lesbian, adolescents), couples, groups, workplaces.
2011	Mindfulness (MiCBT) delivered to groups of carers through Commonwealth Respite and
	Carelink Centre for management of anxiety and stress related to their caring role.
2013	Mindfulness (MiCBT) course delivered to management staff, SwanCare (Perth, WA).
2012	Mindfulness introductory sessions delivered to nursing staff, SwanCare (Perth, WA).
2012	Free Mindfulness introductory sessions delivered to Aspire and Breast Cancer Survivors.

## Self-Development

2003-17	Enneagram courses: Adult Education & private groups. Enneagram/ Life Coaching.
2005-14	Delivered Enneagram programmes to workplace teams including Hobart City Council
	and several businesses for behaviour management, training and individual coaching.

# Philosophy

Philosophy	
2005-07	Delivered Philosophy for Children Programmes to students at Collegiate, Friends,
	Hutchins, and several state primary schools including Margate and district schools.
2005-07	Delivered Philosophy for Children training to teachers at Collegiate, Lindisfarne,
	Moonah and others.
2005	Wrote Philosophy supplement for TQA for Philosophy & Religion course Grades 11-12.
2004	Edited PhD thesis for South African client of Dr R Flynn.
2003	Edited Encel training manuals Dr R Flynn.
1996-03	Tutored 1 <sup>st</sup> , 2 <sup>nd</sup> , & 3 <sup>rd</sup> year philosophy courses, UTAS, 1 <sup>st</sup> year Philosophy Risdon Prison.
Pre 1984	Pre-university: Office work, reception, account reconciliation, mother, homemaker.

## Voluntary

2013 Red Cross Emergency Services, Recovery and Outreach Dunalley and Sorell bushfires.

#### **Publications**

Nov Critical & Creative Thinking - Australasian Journal of Philosophy in Education 12:2 'Self, Philosophy, and the Community of Inquiry'

## **Qualifications and Training**

### **Professional and Counselling Qualifications**

- 2018 Certificate 1V Training and Assessment, Connect Training, Qld.
- 2015 Certificate of Attainment "Professional Supervision" Clinical Counselling Centre, Victoria.
- 2012 Graduate Diploma MiCBT (Mindfulness-integrated-Cognitive Behaviour Therapy) MiCBT Inst. Tas.
- 2012 Advanced Counselling Majors: Abuse, Career, Grief/Loss, Parent-Child, Relationships, Workplace.
- 2011 Diploma of Professional Counselling, Australian Institute Professional Counsellors Queensland.
- 2007 Graduate Certificate of Applied Coaching, Master Coach, Behavioural Coaching Institute Sydney.
- 2005 Certificate 1V in Business Marketing, Jennard.
- 2004 NEIS Certificate IV in Business (Small Business Management), Mission Australia.
- 2004 Certified Enneagram Teacher Honours, Riso-Hudson Enneagram Institute New York.
- 2002 Certificate 111 in Tourism (Guiding), TAFE Tasmania.

#### Academic Qualifications

- 2013 Philosophy for Counsellors, University Fraser Valley Abbotsford, Canada.
- 2002 Doctor of Philosophy (Philosophy) University of Tasmania (Research Topic 'Personal Identity').
- 1995 Masters Degree (Philosophy) (Qualifying) Arts, University Tasmania.
- 1994 Bachelor of Arts (Honours), University of Tasmania.
- 1993 Bachelor of Arts, University of Tasmania.

#### **Teaching Qualifications**

- 2004 Teacher Education *Philosophy*, Federation Australasian Philosophy in Schools Associations (FAPSA).
- 2003 'Train Small Groups' BSZ40198 Cert. 1V Participation BAZ404A, TAFE Tasmania .
- 2001 Tertiary Teaching Workshop (Tutors), University Tasmania.
- 1996 Tertiary Teaching Workshop, University of Tasmania.

#### Additional Professional Development and Training

- 2017 Statement of Attainment: Psychological Assessment BPS308 ACS Distance Education.
- 2016 Blue Knot Foundation training: Trauma informed care and practice: Domestic Violence.
- 2016 Talomin training: Treating Posttraumatic Stress Disorder.
- ASCA (now Blue Knot Foundation) Complex Trauma training: 1) Supporting Adults;
  - 2) Working Therapeutically; 3) Vicarious Trauma.
- 2013 Mental Health First Aid.
- 2013 RAGE anger management for teenagers.
- 2013 No More Butts Quit Smoking.
- 1984 Australia Workplace 2 Senior First Aid, St John's Ambulance renewed annually.
- 2009 Red Cross Personal Support and Red Cross Team Leader training.
- 2008 Suicide First Aid ASIST Applied Suicide Intervention Skills Training, Living Works.
- 2007 Statement of Attainment Conflict Management, ACS Distance Education Sydney.

#### Memberships and Awards

- 2015 Member ACA College of Supervisors
- 2011 Graduate Member, Australian Institute of Professional Counsellors
- 2011 Level 2 Member Australian Counselling Association (ACA)
- 2011 Member MiCBT Institute
- 2010 Finalist in 'Tasmanian Business Owner Manager of the Year' Award
- 2007 Member International Coaching Council
- 2004 Member International Enneagram Association
- 2004 Member Enneagram Institute, New York
- 2004 2012 Appointed Honorary Associate, School of Philosophy, University of Tasmania